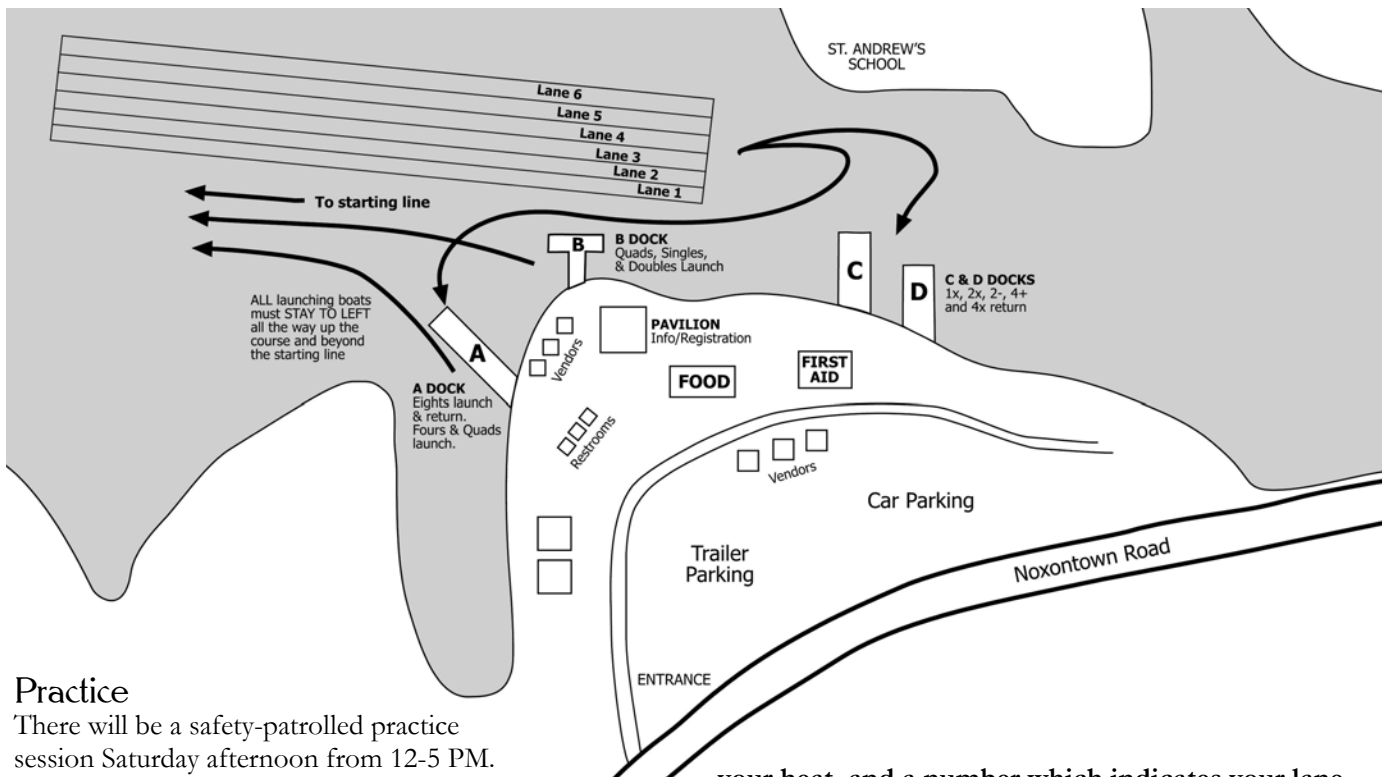


Navigating Noxontown



Practice

There will be a safety-patrolled practice session Saturday afternoon from 12-5 PM.

Launching & Returning

Races will be called 30 minutes before start time. Please cooperate with dock masters, and be quick on the dock as possible as space is limited. **Eights will launch/return at Dock A. Fours will launch from Dock A and return to Dock D. Quads will launch from both Docks A and B, but return to Dock D. Singles and doubles will launch from Dock B and return to Docks C and D.** As traffic around docks is dense please be alert for other crews and cooperate fully with officials.

Bow Markers

As the heats will be started very close to one another throughout the day, we have adopted a bow marker system that should eliminate confusion with staging for races. **Each marker will include a color indicating**

your heat, and a number which indicates your lane assignment. During your warm-up, keep a look out for other boats in your heat, and try to approach together when it is time to go to the starting line. It is also important to return your bow marker to the dock master as soon as possible.

For Coxswains & Scullers

For safety's sake, please observe the rules of the river illustrated above when you launch—proceed to the starting line on the regatta side. A marshal will be posted to direct safe passage. Please note that there is little room for a boat to continue past without going into lane 1, so **STOP YOUR BOAT** and make sure it is clear to proceed. As you approach the starting line, stay well to the left of the starting platforms so you don't interfere with staging crews. Continue your warm-up into the next cove. We recommend you look for other boats in your heat, they will have the same color bow marker as you.

Regatta Safety

Medical

- New Castle County Paramedics Advanced Life Support unit on standby.
- EMT/Outdoor emergency care technicians on the water
- Predetermined Medivac Landing Zone
- Defibrillator on both land and water
- Drinking water station

Parking

- One-way traffic pattern

Launches

- Minimum of nine launches on the water for officials, timers, marshals, and emergency medical personnel

Food

- Food is provided by North Star Grill and Starbucks of Middletown Crossing

Weather

- Weather monitored by head referee/race director and NOAA weather channel